

Summer Holiday Challenges 2024

Kindness Challenges

Thinking of others Challenge.

Categories: Family learning, Mental health and well-being & Practical life skills
Skills: Staying Positive

2 credits per activity



- Learn the British Sign Language Finger Spelling Alphabet and record yourself signing Thank you to someone special. Watch this video to learn [50 Simple Signs in British Sign Language for Kids by Kids](#) and [Learn the BSL Alphabet here](#)
- Tell someone special that you are thinking of them by writing them a letter or making a card
- Sort some clothes or toys that you no longer need and take them to your charity shop, your donations will help the charity to support their cause
- Paint some Random Acts of Kindness rocks and leave them for people to find near your home.
- Countryfile's Wild Britain aims to get the nation doing acts of kindness for nature. Ideas include making a bee drinking bowl or a bug hotel. Share all those acts of kindness on their map and see what others across the country have achieved. Together we can all help our wildlife for Wild Britain.

<https://www.wild-britain.co.uk/>



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